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Muscle Medicine: The Revolutionary Approach to Maintaining, Strengthening, and Repairing Your Muscles and Joints User Review - Not Available - Book Verdict Sports chiropractor DeStefano, orthopedic surgeon Bryan Kelly, and journalist Joseph Hooper provide an overview of muscular malfunctions, the body's basic biology, injuries, nutrition and exercise ...

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Muscle Medicine (Paperback) The Revolutionary Approach to Maintaining, Strengthening, and Repairing Your Muscles and Joints. By Rob DeStefano, Bryan Kelly, Joseph Hooper. Atria Books, 9781416562566, 272pp. Publication Date: September 15, 2009

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